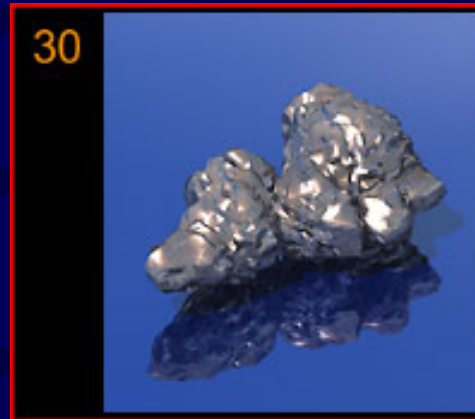


# ZINCUM METALLICUM



By George Loukas

**Zinc is found in several ores, the principal ones being zinc blende, calamine and marmatite.**

**Commercially, zinc is obtained from its ores by concentrating and roasting the ore, then reducing it to zinc thermally with carbon or by electrolysis.**

# Uses

**Zinc is used in alloys such as brass, nickel silver and aluminium solder. Large quantities of zinc are used to produce die-castings which are important in the automobile, electrical and hardware industries. It is also used extensively to galvanise other metals such as iron to prevent rusting.**

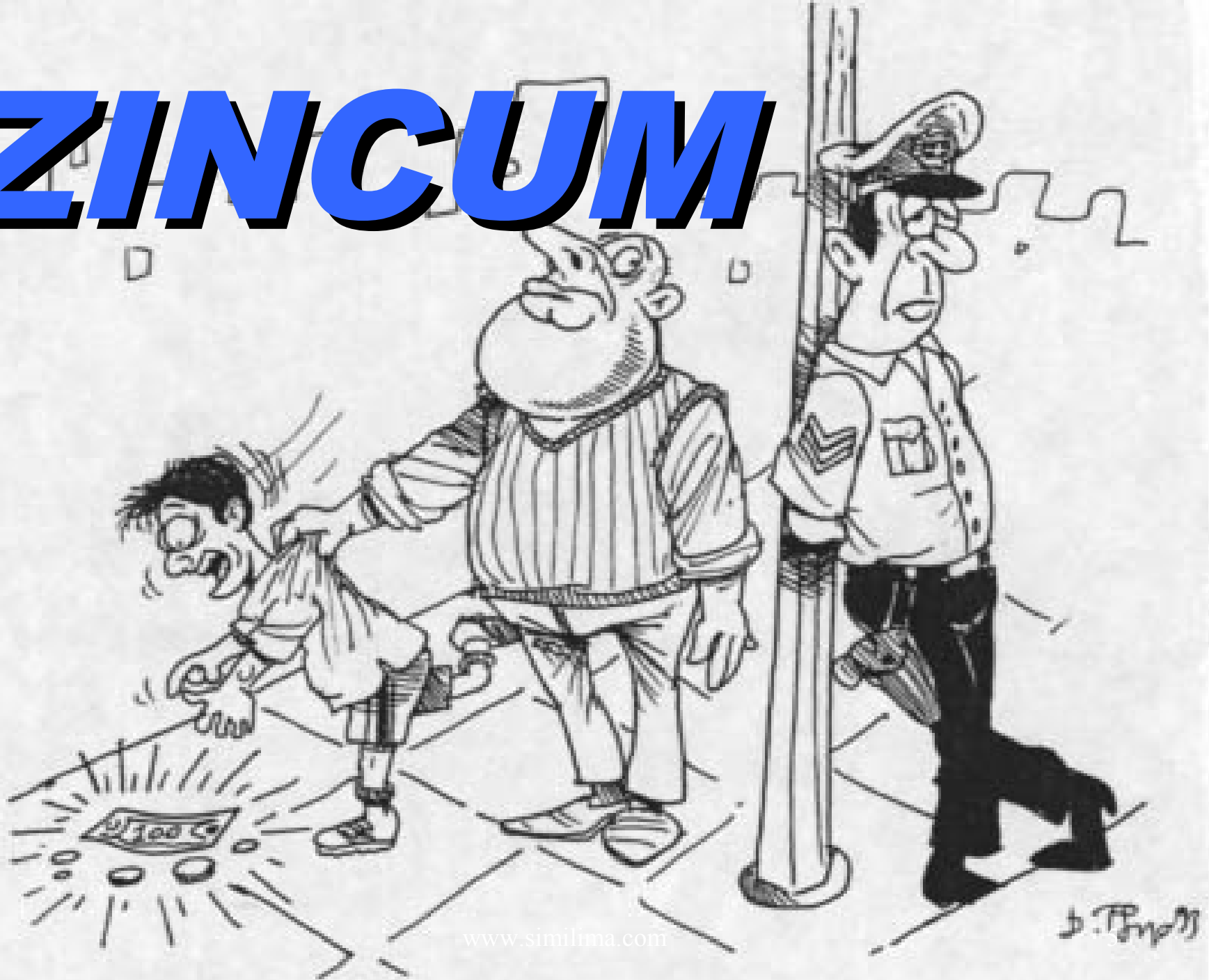
**Zinc oxide is widely used in the manufacture of very many products such as paints, rubber, cosmetics, pharmaceuticals, plastics, inks, soaps, batteries, textiles and electrical equipment.**

**Zinc sulphide is used in making luminous dials and fluorescent lights.**

# Biological Role

Zinc is an essential trace element which is non-toxic but carcinogenic in excess. When freshly-formed zinc (II) oxide is inhaled a disorder called the "oxide shakes" or "zinc chills" can occur.

# ZINCUM



- ➡ **Delusions, she is about to be arrested**
- ➡ **Delusions, she is accused**
- ➡ **Delusions, he had committed a crime**
- ➡ **Delusions, he is pursued by police**
- ➡ **Delusions, he is persecuted**

**Zincum is a person who grew up in a very strict family. He is extremely loyal. He has deep in his conscience the sense of law. But at the same time there is fear of the father or the mother. This element may not be mentioned by the patient but it is easy to find out by asking him about his childhood. This fear about his father and his mother simetimes becomes fear of the police.**

**For example, when a Zincum person is driving he is frequently checking behind him to see if he is being followed by a police car. A Zincum student is very obedient, he immediately complies with the teacher's suggestions. But a Zincum person does not only obey his teachers. He is generally obedient and that is expressed in all his actions, in any of his social activities.**





**Propensity, to handle organs**

It is interesting to examine the above with relation to a symptom that is mentioned by Boericke. He writes in *materia medica*: “Child grasps genitals during cough:. There is an opinion, that in many of our physical symptoms there is a symbolism that is related to our psychism. So, in grabbing genitals while coughing, there is the symbolism of anxiety of punishment that Zincum person feels. This is related to what psychoanalysis calls anxiety of castration.



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**Delusions, sees devil after her**

**There is another phrase that Christians mention which is related to Zincum. This is the phrase “Away from me devil”. This phrase said when one feels that the devil is managing to persuade him to do something he shouldn’t. So we can understand the symptom: “Delusion sees devils after her”. It actually shows the strict superego of the person which controls any desire.**

**These people are very responsible in their emotional life as well. They are very patient when difficulties appear in their love-relationship. They are not the kind of person who will break a relationship on first quarrel. They are patient and persistent. So they show patience in many circumstances.**

**They are devoted to the problem that bothers them and they hardly turn away their attention from that. That explains the symptom: “Delusions, has one goitre which he cannot see over”. All these situations cause the nervous system of the Zincum person to be very sensitive, thing that appears either as irritability or as tremor of the limbs, especially when he is angry and doesn't express his aggression.**

**Delusions, he has a  
goitre, has one which  
he cannot see, over  
when**



**The restlessness of lower limbs is one of the Key-symptoms of Zincum Metallicum. They very often have nightmares or dream of dogs. These symbolise the father and the anxiety of being punished by him, which overwhelms them. They wake up in a bad mood. They want to talk about their problems to the others, to the point of becoming tiresome.**



**They are very responsible in their job. They don't cause problems with their employers and their colleagues. They very often have the feeling that others are angry with them and there is a conspiracy against them. Of course this happens when the work situation is oppressive. This feeling brings up a lot of anxiety and they continually try to be good at their work and to be in good terms with their colleagues.**

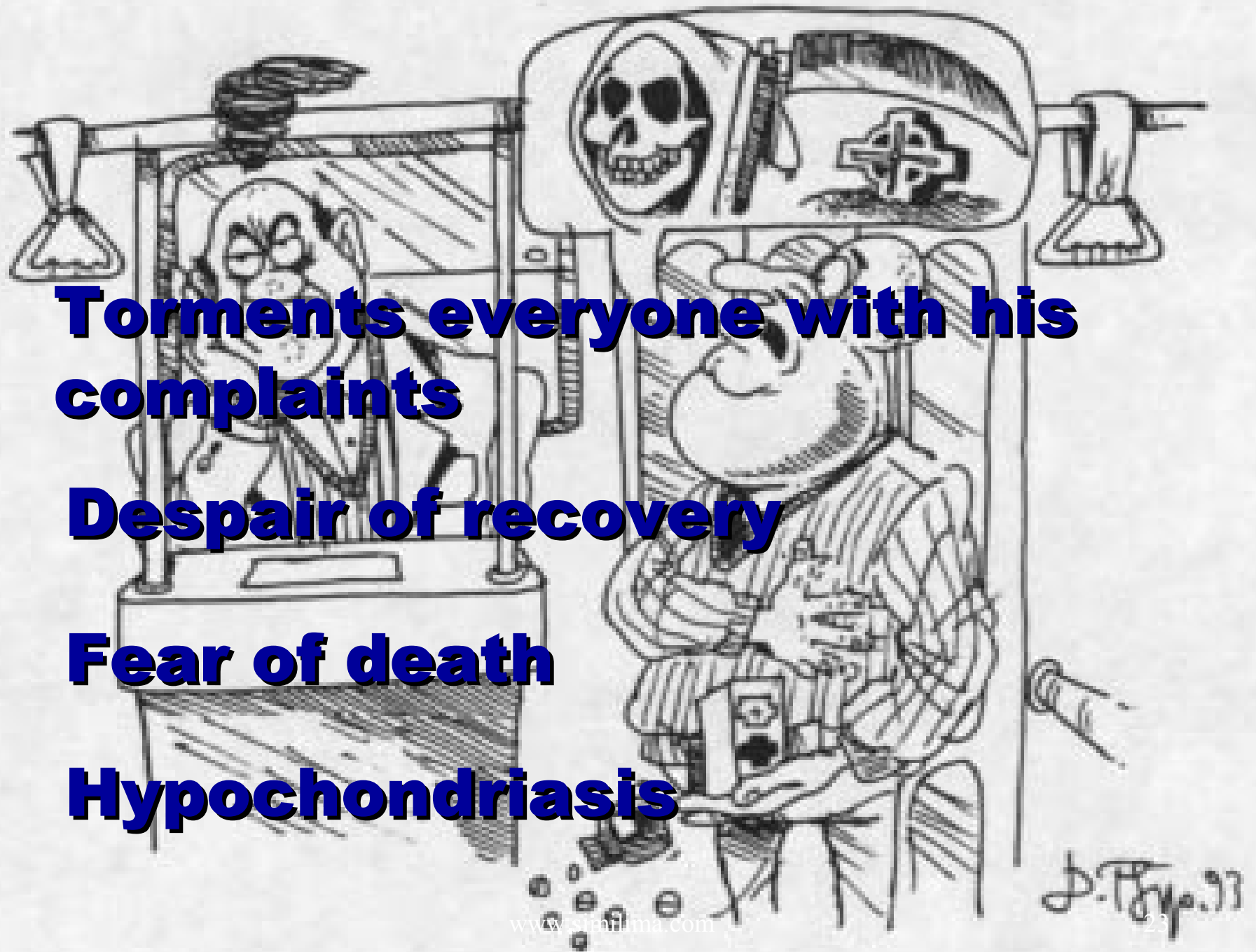
**Another characteristic of Zincum is that they are usually superstitious about various events. They are usually very shy. They expect a lot from themselves and every time they don't manage to achieve their targets, they feel ashamed or anxious and angry.**

- ➡ **Anxiety, of conscience, as if guilty of a crime**
- ➡ **Anxiety, on waking from frightful dreams**
- ➡ **Anxiety, with fear**
- ➡ **Anxiety, on waking**
- ➡ **Cares, about others**

- ➔ **Industrious**
- ➔ **Religious**
- ➔ **Remorse**
- ➔ **Superstitious**
- ➔ **Timidity, alternating with anger**
- ➔ **Timidity, alternating with irritability**

**In which cases Zincum Metallicum is indicated? At first we must have it in mind in neurotic situations as neurotic anxiety, depressive neurosis, hypochondriac neurosis and personality disorders where anxiety of punishment is predominant. The basic symptoms that will help us to choose Zincum are already described above. But there will be some other, non-specific symptoms, related to each case. For example, in hysteria there will be intense restlessness of the lower limbs.**

**Some times twilight-syndrom may appear (in the twilight-syndrom we have consciousness disorders. The person is disorientated or slightly cloud -minded but is not conscious of it and he acts mechanically or some times like a new personality). Some times somnambulism is also observed. Somnambulism can appear in Zincum children without hysterical neurosis. In a hypochondriac neurosis the Zincum patient is characterized by a tendency to go around to his friends and relatives and bother them with his health problems.**



**Torments everyone with his complaints**

**Despair of recovery**

**Fear of death**

**Hypochondriasis**

**Menopause is also a period in which depressive symptomatology may appear in Zincum patients. This is easy to imagine if we think how a person with a strict ethical code like Zincum would face increased sexual desire. Usually, a Zincum person is very strict with regard to sexual desire. Sometimes though sexual hyperactivity may appear. So in teenagers an intense tendency for masturbation may appear and in women nymphomania, mainly during puberty, pregnancy or confinement. They feel guilty after having sex.**



**Zincum can be used in psychotic situations where thoughts or feelings are affected. In such cases there may be violence that reminds us of Stramonium or silliness which reminds us of Hyoscyamus. Zincum can also help in situations of mania or depression with suicidal disposition. Also in organic psychosyndroms, like delirium or epileptic excitement, violent symptomatology and restlessness of limbs can appear.**



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**ZINCUM IS THE METAL OF ZEUS**

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**11. ZINCUM SULFURICUM CALCAREATUM**

**12. ZINCUM SULFURICUM KALINATUM**

**13. ZINCUM SULFURICUM NATRONATUM**